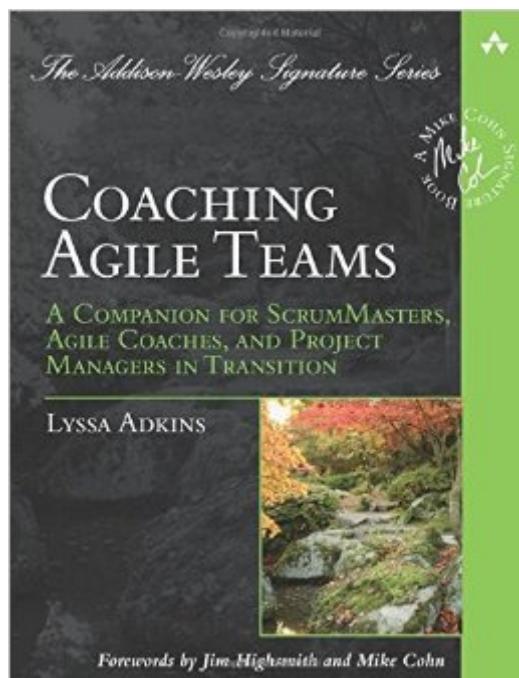


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# Coaching Agile Teams: A Companion For ScrumMasters, Agile Coaches, And Project Managers In Transition (Addison-Wesley Signature Series (Cohn))



## Synopsis

The Provocative and Practical Guide to Coaching Agile Teams Â As an agile coach, you can help project teams become outstanding at agile, creating products that make them proud and helping organizations reap the powerful benefits of teams that deliver both innovation and excellence. Â More and more frequently, ScrumMasters and project managers are being asked to coach agile teams. But itâ™s a challenging role. It requires new skillsâ" as well as a subtle understanding of when to step in and when to step back. Migrating from âœcommand and controlâ• to agile coaching requires a whole new mind-set. Â In *Coaching Agile Teams*, Lyssa Adkins gives agile coaches the insights they need to adopt this new mind-set and to guide teams to extraordinary performance in a re-energized work environment. Youâ™ll gain a deep view into the role of the agile coach, discover what works and what doesnâ™t, and learn how to adapt powerful skills from many allied disciplines, including the fields of professional coaching and mentoring. Â Coverage includes Understanding what it takes to be a great agile coach Mastering all of the agile coachâ™s roles: teacher, mentor, problem solver, conflict navigator, and performance coach Creating an environment where self-organized, high-performance teams can emerge Coaching teams past cooperation and into full collaboration Evolving your leadership style as your team grows and changes Staying actively engaged without dominating your team and stunting its growth Recognizing failure, recovery, and success modes in your coaching Getting the most out of your own personal agile coaching journey Â Whether youâ™re an agile coach, leader, trainer, mentor, facilitator, ScrumMaster, project manager, product owner, or team member, this book will help you become skilled at helping others become truly great. What could possibly be more rewarding?

## Book Information

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## Customer Reviews

I was very excited to read *Coaching Agile Teams* by Lyssa Adkins. I knew Lyssa's name as one of the big names in coaching and with the raving forwards by both Mike Cohn and Jim Highsmith I had very high expectations. I am a beginning coach and this is my first book specifically geared toward coaching. My feeling after reading the book is it must be for someone who has had a couple of years experience coaching and has read some of the more "instruction" based books on the subject. There were some nuggets of good information and a very heavy emphasis on self-awareness and introspection but in general this is not the how-to book for coaching that I anticipated. The self-awareness emphasis helped me understand the importance of this subject to be a good coach but the book only touched on the subject throughout and I am left to go out and look for other resources to fill the void. This is not the type of book I was looking for or did I expect based on the table of contents. The first chapter discussed moving from positions such as ScrumMaster, Project Manager, or Tech Lead to an agile coach and contrasted some of the thinking for the different roles and how they should change during the progression. This was interesting information and useful as a checkpoint to make sure you are on the right path. Chapter two moved into expecting high performance from the team you are coaching. This is where I started to wonder if this book was right for me at my stage in coaching. Lyssa discusses the power of metaphors and introduces the High Performance Tree as a metaphor you may use with your team. The High Performance Tree has roots in Commitment, Courage, Respect, and other important Agile cornerstones. It also has fruit of Astonishing Results, The Right Business Value, and others.

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